

Spring 2026

Fun & Education for Families Pregnancy & Infancy Summit

Expectant and new parents learned valuable information about maternal and child health, child development, parenting, and more from keynote speakers and healthcare professionals during this special event.

Spring Fling

Parents and children enjoyed games, crafts, music, an Easter Egg hunt, and a visit from a special friend at the annual Spring Fling!

Family Expo

Families participated in interactive exhibits played games, and learned about community resources and summer activities during the annual Family Expo. Lucky participants received gift cards and prizes, too!



"Sister-to-Sister" Prom Shop!



Career Help Career & Health Fair

Attendees discussed job openings with representatives from more than 50 employers and received expert advice about job searching and health and wellness.

Career Chat

Participants are invited to identify career goals, discuss the job application process, and get help with job searching and interviews.

Workforce Wednesday

Family Success Center staff leads participants through resume-writing, interview skills, job preparation, and more.

Health & Wellness

Motivation Monday

Guest speakers address stress reduction, mindfulness, and managing complex emotions.

Health Equity

Participants discuss disparities in healthcare and learn how to advocate for themselves and their families.

Breast Cancer Support Group

Survivors gather to explore coping strategies and gain insights from others in a monthly, online support group.

Adverse Childhood Experiences

Workshops teach participants how to recognize and prevent child abuse, discuss the impact of adversity and trauma on lifelong development, and address methods for building resilient communities.

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Career Development

Employment Skills Training Program for Women

Women learn computer skills and receive assistance with resume development, workplace etiquette, and interview skills.

High School Equivalency Program

The New Jersey Youth Corps offers those ages 16 – 25 classroom instruction, community service projects, and the opportunity to earn three college credits at the neighboring community college. Graduates move on to college, a career, or the military.

Bridges to Employing Youth

Pregnant and parenting young adults, ages 16—24, get help with parenting skills, academic and counseling support, and training and certification in a variety of fields.

Computer Classes & Career Seminars

Participants learn Microsoft Office applications, and attend seminars designed to enhance their employability and assist them with navigating the workplace.



Coming Up:

- Breast Cancer Survivor Celebration
- Summer Youth Employment Program
- Back-to-School Fair



Help for Parents

Baby Beginnings

Pregnant women and parents of young children get expert advice about breastfeeding, nutrition, sleeping, relationships, household safety, and more.

Parents' Support Group

Parents get advice, discuss challenges, and share success stories during regular, online support groups.

Parent Advisory Council

Participants are invited to discuss community needs and collaborate on upcoming events.

Ages & Stages

Parents learn how to identify developmental milestones and access resources for support.

Parenting Classes

Mother and fathers are participating in the ACT Raising Safe Kids and 24:7 Dads workshops.