



Get this year off to the best start possible!

We're here to help parents build on their strengths, celebrate their triumphs, and navigate the challenges we *all* face.

The Parenting Center @ Project Self-Sufficiency is proud to announce a new **FREE** resource for parents, caregivers and childcare providers utilizing the evidence based Triple P® Positive Parenting Program!

We know you're busy – we make it easy!

Choose from a variety of topics and formats that fit your interests and your schedule –

-  In-person
-  Virtual
-  One-on-One
-  Small Group Discussion
-  Group Seminar

**Just scan this code
and we'll get in touch:**



Questions?  **Call Christina Torres at 973-940-3500**



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